

# TRIATHLON TRUST – CODE OF CONDUCT FOR CHILDREN & YOUNG PEOPLE

At the Triathlon Trust we want everyone to have fun and be safe while taking part in our events. We ask all children and young people to behave according to our Code of Conduct at all times while taking part in our events.

**As a participant in this event I agree that:**



- I will treat others with the respect and fairness that I would like them to show me
- I will listen to instructions given to me by Triathlon Trust staff and volunteers, and venue staff such as lifeguards
- I will not shout or swear
- I will not disrupt the group
- I will respect everyone's views
- I will be friendly and support others
- I will take care of equipment provided by the Triathlon Trust
- I will not leave the activity, for example to go to the bathroom, without first informing my teacher or parent
- I will tell an adult I trust straight away if something is upsetting me
- All points above will also be followed by all Triathlon Trust staff and volunteers



**I understand that if I do not follow the code of conduct, I may not be allowed to continue to take part in the event.**

## **What to do if something is wrong**

If something is happening that spoils your fun or that hurts or frightens you, then this isn't your fault and there are things that can be done to stop it. If anything is worrying you, you should tell an adult you know and trust. They will listen and can help work out what to do.

The Triathlon Trust understands how important it is to make sure you are safe and enjoy yourself. If you need to talk to someone, you can also speak to a member of our team or contact our Lead Safeguarding Officer on 0788 5552140.

There are other places where people will listen and you can get help if you need it. You can call the 24-hour, free telephone helpline Childline: 0800 1111