



### Across

1. Which phase comes first in an Olympic triathlon? (4)
  
2. An item of safety equipment that you must wear on your head whilst cycling. (6)
  
3. Known as the 'fourth phase' of

### Down

1. Which Brownlee brother won gold at the 2016 Rio Olympics? (8)
  
2. The name given to swimming in a lake, river or the sea. (4, 5)
  
3. What city are the 2021 Olympics set to take place? (5)

triathlon, what is the name given to the changeover of sports? (10)

4. Use these to change speed/resistance whilst riding a bike. (5)

5. A unit of measurement used to record the distance of a race. (9)

6. An indoor venue to swim. (4)

4. An item of equipment worn on your head to make you more streamline during swimming. (4, 3)

5. A action used to slow down a bike. (5)

6. An action used to move a bike. (5)