



Triathlon Quiz



Questions

1. Can you name four different swim strokes?

- 1.
- 2.
- 3.
- 4.

2. Can you name which sports make up these multisport races;

- | | |
|-------------------------|-----------------------|
| 1. Triathlon (3 sports) | _____ + _____ + _____ |
| 2. Aquathlon (2 sports) | _____ + _____ |
| 3. Duathlon (2 sports) | _____ + _____ |
| 4. Aquabike (2 sports) | _____ + _____ |

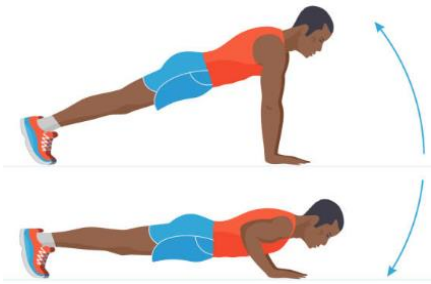
3. Can you think of three safety rules that apply in the transition area of a triathlon?

- 1.
- 2.
- 3.

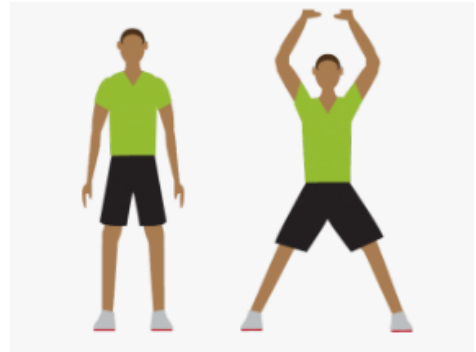
4. Can you name 3 different triathlon distances?

- 1.
- 2.

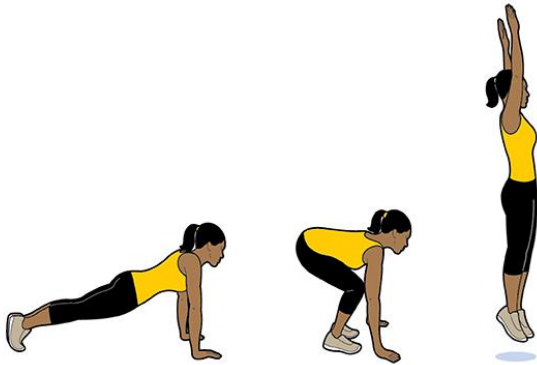
3.



4.



5.



6.



				5.	
	2.		4.		6.
		3.			
1.					

The code word is _____ Steadman.